



SHAME ON



SAFEWAY

Neighborhoods deserve healthy foods

Many of us take for granted how easy it is to go to the supermarket to pick up groceries, including healthy foods.

Not everyone is so lucky.

Did you know that when Safeway/Albertsons decides to leave a neighborhood, they sometimes **block other grocery stores from opening up in their former locations?**

This means that when they are the only grocery store around and leave an area such as a downtown location to move to the suburbs, **they include a restriction on that property that states that no other grocery store can move in.** Some of these restrictions have been for **as long as 15 years!**

This leaves residents in these areas without access to a supermarket,

preventing them from accessing fresh food while negatively impacting the health of the community.

There are numerous barriers for people to be able to access healthy food—including the cost—because, unfortunately, many people are not paid living wages and many people are time-poor and cash-poor; they don't have a lot of time OR money. The very corporations that should be providing access to healthy food should not be making these accessibility problems even worse. Communities of color, the differently-abled, and the elderly already experience barriers to accessing healthy food, and companies like **Safeway should not be contributing to the problem.**

What can you do:

- ✓ Fill out a customer comment card at your local Safeway and ask them to stop this practice.
- ✓ Please sign our petition to Safeway/Albertsons CEO Robert Miller: bit.ly/ShameOnSafeway
- ✓ Share this flyer with others. Order more from us.



P.O. Box 7322 | Cotati, CA 94931 | info@foodispower.org | foodispower.org | veganmexicanfood.com

ALL NEIGHBORHOODS DESERVE THE RIGHT TO ACCESS FRESH AND HEALTHY FOOD!